

**Marine Option-Scholarship Application Physical Physician
Testing Approval Form**

I understand _____ is applying for the Marine-option 4-Year NROTC Scholarship. I further understand that in order to qualify for consideration for a Marine-Option NROTC Scholarship, the applicant is required to take the Marine Corps Physical Fitness Test (PFT) consisting of:

Male: Three mile run; (Timed)
Sit-ups (Timed)
Pull-ups

Female: Three (3) mile run (Timed)
Sit-ups (Timed)
Flexed-armed hang; (Timed)

I certify _____ is in good health and physically able to perform the above listed events.

(Physician's Signature)

(Date)

(Full name of Applicant)